

Possible Journal Topics

-  I feel happy when.....
-  I feel sad when.....
-  I get mad when.....
-  I feel nervous when.....
-  What is your favorite thing to do?
-  What are your strengths and weaknesses?
-  Tell me about someone else you know with hearing loss.
-  What would you change about yourself?
-  What do you like about yourself?
-  If you could go on any vacation, where would you like to go?
-  Who is your hero?
-  Who is your best friend?
-  What are you proud of doing? (What do you feel good that you have done?)
-  Tell me about your family.
-  How do you feel when your hearing aid (cochlear implant/FM system) is not working?
-  What is your perfect day?
-  How do you feel when someone asks you about your (amplification, communication method, interpreter)?
-  What did you do over the weekend?
-  Tell about something you like to do outside of school.
-  What do you like about having a hearing loss?
-  What do you dislike about having a hearing loss? (or wearing amplification, using sign, etc.)
-  What did you do at recess?
-  Who sits with you at lunchtime?
-  What do you like to do at home?
-  Describe yourself.
-  What do you want to do when you are older?
-  How do you feel when you can't communicate with someone?
-  What would you do if you were in a situation alone and no one knew sign language?
-  When do you feel alone?